# COMPARISON OF EDENTULOUS WOMEN AND DENTATE WOMEN IN TERMS OF MANDIBULAR ALVEOLAR RIDGE HEIGHT REVIEWED USING PANORAMIC RADIOGRAPHY

Cek Dara Manja<sup>1</sup>, Shanaya Abkharina<sup>2</sup>

<sup>1</sup>Department of Dentomaxillofacial Radiology, Faculty of Dentistry, University of Sumatera Utara, Medan City <sup>2</sup>Student of Faculty of Dentistry, University of Sumatera Utara, Medan City

E-mail: cekdaramanja@yahoo.co.id

### **ABSTRACT**

When tooth loss occurs, the absence of mechanical stimulus on alveolar ridge, the decline occurred because the height of the alveolar ridge undergoes a slow physiological resorption. The purpose of this research is to know the difference and the average height of the mandibular alveolar ridge in edentulous and dentate women using panoramic radiography. The method of this research is an analytical method with cross-sectional approach. Total sample of 40 women, edentulous and dentate has been measured. Measurements were made by measuring the distance between the lowest point of mandibular and alveolar crest mandibular on the incisor point, right and left premolar, right and left molar. Statistical test is done using independent t test. The results showed that the average value of a dentate women sample is greater than edentulous. Average value obtained by the dentate sample is greatest in right premolar point by 29,53 mm  $\pm$  2,36 mm and the smallest at the left molar point by 25,48 mm  $\pm$  2,41 mm. Average value obtained by the edentulous sample is greatest in right molar point by 22,26 mm  $\pm$  3,67 mm and the smallest at the left premolar point by 21,21 mm  $\pm$  4,79 mm. It can be concluded that there is a significant difference in the height of the mandibular alveolar ridge on edentulous sample and dentate in everypoint of measurement. The average height of the mandibular alveolar ridge in edentulous sample is 21,78 mm  $\pm$  3,88 mm and the dentate sample is 27,71 mm  $\pm$  2,77

Keywords: Mandibular alveolar ridge, dentate women, edentulous women, panoramic radiography

## INTRODUCTION

One of the structure that can be seen in radiography panoramic is alveolar ridge. After the loss of teeth, mechanical force in alveolar ridge will reduced and this causes the height of the alveolar ridge to reduced.<sup>2</sup> The rate of resorption in alveolar ridge differs between maxilla and mandibular. In mandible, the rate of resorption is three to four times more than maxilla because the maxilla's bone is wider than mandibular bone, thus the force received by mandibular is bigger.<sup>3</sup> The resorption of alveolar ridge in the anterior region in maxilla in more to backwards and upwards and the resorption rate is progressive. In the posterior region in maxilla, the resorption is upwards and inwards and this causes the sides of the alveolar to be smaller in every progressive manner. Meanwhile, in the anterior and posterior region of mandibular the alveolar ridge has a resorption forwards and downwards.4

Mandibular alveolar ridge's height in dentate women and edentulous women can be measured by calculating the height of the alveolar ridge through panoramic radiography. Measurements were made by measuring the distance between the lowest point of the mandibular and alveolar crest mandibular on the incisor point, right and left premolar, right and left molar. The purpose of this research is to know the difference and the average height of the mandibular alveolar ridge in edentulous and dentate women using panoramic radiography.

## MATERIALS AND METHODS

This research is an analytical method using crosssectional. This research performed in dental radiology installation and prosthdontic clinic, dental and mouth hospital, University of Sumatera Utara. The sample of this research were all women patients and students in the prosthodontic clinic of University of Sumatera Utara. This research uses 40 samples, 20 dentate and 20 edentulous. Samples must meet the following criteria. Inclusion criteria were: (1) the edentulous group, has a full edentulous jaw and menopause. (2) The dentate group, has a dentate jaw entirely and haven't menopause. Exclusion criteria were: (1) have a diagnosed history of cysts, tumours on the jaw and suffering from systemic disease manifested on the bones. (2) Rejects request to become the sample. The tools used in this research is panoramic radiography Instrumentarium type OC 200 D 1-4-1, cliniview software version 10.1.2, mouth mirror, dental tweezers, probe, nierbekken, stationery and the sensors. The materials used are notepad, alcohol 70% and cotton.

Measurements were made by measuring the distance between the lowest point of the mandibular and alveolar crest mandibular. Whereas dentate patients is  $1.2\,$  mm from cementoenamel junction. On the dentate jaw, a straight line is taken from the inferior point of mandibular (line X). Then a vertical straight line with the line X is measured on the midline point (P), distal first premolar (Q) and distal first molar (R). The other line is taken 10mm above line X to calculate the proportion horizontal distance of first premolar and molar.

In edentulous jaw, a vertical straight line is measured on midline (P) guided by the point of genial tubercle, horizontal distance from the middle line to first premolar (Q) and first molar (R) is guided by calculating the proportion from dentate jaw sample and the average is taken. The formula is as shown as below:

 $\frac{a\ long\ line\ from\ midline\ to\ first\ premolar(B)}{and\ first\ molar\ (C)} \frac{and\ first\ molar\ (C)}{a\ long\ line\ from\ midline\ to\ the\ boundary}\ X\ 100\%$  of posterior ramus (A)

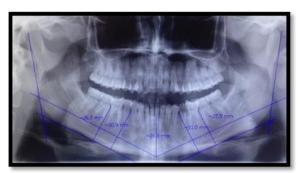


Figure 1. Measurement of maxillary alveolar ridge height on dentate women (personal documentation)



Figure 2. Measurement of maxillary alveolar ridge height on edentulous women (personal documentation)

The average height of the mandibular alveolar ridge were done using Shapiro Wilk normality test. When the distribution results were obtained normal, data differences were tested using independent t test. It is done using a computer program called SPSS 20.

This study was approved by *Health Research Ethical Committee of North Sumatera* dengan nomor 60/TGL/KEPK FK USU-RSUP HAM/2017.

# RESULTS AND DISCUSSION

Table 1. Result shows average value measurement on the height of the mandibular alveolar ridge in incisor, right premolar and molar point, left premolar and molar point

	Sample	N	Mean	Std. Deviation	Std. Error Mean
Insisivus	Edentulous	20	21.79	3.84	.86
(midline)	Dentate	20	28.35	1.74	.39
Right	Edentulous	20	21.78	4.31	.96
Premolar	Dentate	20	29.53	2.36	.53
Right Molar	Edentulous	20	22.25	3.66	.82
	Dentate	20	26.09	2.05	.46
Left Premolar	Edentulous	20	21.21	4.78	1.07
	Dentate	20	29.13	2.64	.59
Left Molar	Edentulous	20	21.97	2.87	.64
	Dentate	20	25.48	2.41	.54

Table 2. Results of measurements of the height of the mandibular alveolar ridge on edentulous and dentate women

Sampel	Min	Max	Mean	Std. Deviation
Edentulous	12.50	32.50	21.80	3.88
Dentate	20.60	34.10	27.71	2.76

Tabel 3. Shapiro wilk test data

	Commlo	Si	hapiro-Wil	k	
	Sample	Statistic	Df	Sig.	
Insisivus	Edentulous	.966	20	.664	
(midline)	Dentate	.945	20	.295	
Right	Edentulous	.982	20	.954	
Premolar	Dentate	.953	20	.421	
Right Molar	Edentulous	.941	20	.247	
	Dentate	.940	20	.243	
Left Premolar	Edentulous	.965	20	.638	
	Dentate	.963	20	.608	
Left Molar	Edentulous	.970	20	.759	
	Dentate	.961	20	.556	

Table 4. The test data difference on the height of mandibular alveolar ridge values using independent t test on incisor teeth

		ne's for lity of inces			t-test for Equality of Means					
		F	Sig.	Т	Df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	Lower	Upper
Insisivus (midline)	Equal variances assumed	7.441	.010	-6.967	38	.000	-6.56	.94152	-8.466	-4.653
	Equal variances not assumed		•	-6.967	26.46	.000	-6.56	.94152	-8.493	-4.623

Table 5. The test data difference on the height of mandibular alveolar ridge values using independent t test on right premolar teeth

		for Eq.	e's Test uality of ances	,		t-test for Equality of Means					
		F	Sig.	Т	Df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	Lower	Upper	
Right premolar	Equal variances assumed	2.992	.092	-7.061	38	.000	-7.755	1.098	-9.978	-5.531	
	Equal variances not assumed			-7.061	29.49	.000	-7.755	1.098	-9.999	-5.510	

Table 6. The test data difference on the height of mandibular alveolar ridge values using independent t test on right molar teeth

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		Leve Test Equal Varia	for lity of		t-test for Equality of Means						
		F	Sig.	t	Df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	Lower	Upper	
Right	Equal variances assumed	2.380	.131	-4.088	38	.000	-3.835	.938	-5.734	-1.935	
Molar	Equal variances not assumed			-4.088	29.902	.000	-3.835	.938	-5.751	-1.918	

Table 7. The test data difference on the height of mandibular alveolar ridge values using independent t test on left premolar teeth

		Level Test Equal Varia	for ity of			t-test for Equality of Means					
		F	Sig.	t	Df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	Lower	Upper	
Left	Equal variances assumed	3.983	.053	6.483	38	.000	-7.920	1.222	-10.392	-5.450	
Left premolar	Equal variances not assumed			6.483	29.57	.000	-7.925	1.222	-10.423	-5.426	

Table 8. The test data difference on the height of mandibular alveolar ridge values using independent t test on left molar teeth

		Levene for Eq of Var	uality	t-test for Equality of Means						
		F	Sig.	Т	Df	Sig. (2- tailed)	Mean Difference	Std. Error Difference	Lower	Upper
Left	Equal variances assumed	.401	.531	-4.179	38	.000	-3.505	.838	-5.202	-1.807
molar	Equal variances not assumed		•	-4.179	36.91	.000	-3.505	.838	-5.204	-1.805

The results showed the average value of the height of the mandibular alveolar ridge is greater in dentate woman than edentulous woman at each of the measurement point. At the right molar teeth, the average value is greater in dentate women was 26,09 mm  $\pm$  2,05 mm, compared with edentulous woman 22,26 mm  $\pm$  3,67 mm. At the left molar teeth, the average value is greater in dentate women was 25,48 mm ± 2,41 mm, compared with edentulous women 21,97 mm ± 2,87 mm. At the right premolar teeth, the average value is greater in dentate women (29,53 mm  $\pm$  2,36 mm), compared to edentulous women (21,78 mm  $\pm$  4,31 mm). At the left premolar teeth, the average value is greater in dentate women (29,13 mm ± 2,64 mm), compared with edentulous women (21,21 mm  $\pm$  4,79 mm). At the insisor tooth (midline), the average value is greater in dentate women (28,35 mm  $\pm$  1,74 mm), compared to edentulous woman (  $21,79~\text{mm} \pm 3,83~\text{mm}$ ). These results are in accordance with the research of Panchbhai (2013) in India<sup>5</sup> and the research of Canger et al (1995) in Turkey.<sup>6</sup> In whole, the average value of mandibular alveolar ridge in dentate women is greater than edentulous women. The average height of the mandibular alveolar ridge in edentulous women is  $21,78~\text{mm} \pm 3,88\text{mm}$  and dentate woman is  $27,71~\text{mm} \pm 2,77\text{mm}$ .

In edentulous jaw, does not get enough mechanical stimulation and the metabolism of the bone can be interrupted. The decrease of mechanical stimulation cause reduced salivary flow production. Its function to inform osteocytes start metabolism and caused the occurrence stimulation of osteoclasts and osteoblasts thus causing the resorption in the alveolar ridge which causes the decrease in the height of the mandibular alveolar ridge.

The results of this study shows a difference of mandibular alveolar ridge between regions, anterior point of incisor has the highest value and the point of molar has the smallest value. This is in accordance with the research of Panchbhai (2013) on India<sup>5</sup> and the research of Liang et al (2014) in the Korea.<sup>6</sup> It can be due to several factors. At anterior region of mandibular there is genial muscles, such as geniohyoid and genioglossus. This muscle strength protects the anterior region of faster resorption. At posterior region, the height of the alveolar ridge in the lowest normal state is located on the posterior region which is the molar, followed by premolar and then followed by the highest in the anterior region in the curve of spee.<sup>9</sup>

Physiologically, for menopause women, there are hormonal and mucoskeletal changes. This lead to a decrease in estrogen levels and an increase in alveolar bone resorption. For menopause women, there is a disturbance in endocrine to handle the process of bone remodeling which causes instability of the activity of osteblast osteoclast. This causes the mass of the bone to drop in total. This is in accordance with the research of Kordatzis *et al* (2003), which got the result of the resorption of mandibular alveolar ridge in women is two times more than men. The length of a woman's menopause effects the decrease in bone density which also causes a decrease in the height of the maxillary alveolar ridge. <sup>10</sup>

Panoramic Radiograph is used for a support in the field of dentistry because it can give a picture of the tooth and its supporting structures both in the maxilla or mandibular. Panoramic radiograph is also used as a diagnostic tool in planning treatment using implants. The design of the implant that can be used is endoosseous implants with a diameter of 3, 75 mm and the length varies between 7 mm, 10 mm, 13 mm and 15 mm. Fixing of implants performed when the sides are quite wide and the distance between the implant and the mental foramen and canal mandibular is 2 mm. <sup>11</sup>

This is because the panoramic radiography technique has enlarged images of the originals. Distortion on panoramic radiography is unavoidable because of the object shadow in film, projection-related structure that varies in some individuals. Fixing of the wrong implants in the upper jaw, can cause damage to anatomical structures at mental foramen and canal mandibular. This causes the opening mandibular canal thus effecting the nervous of alveolar. This causes the disturbance at neurocensor in mental nervous. This can

be a permanent or temporary effect in the lower lip and chin. <sup>13</sup> Because of this the use of radiography dentistry is used to estimate the height of the mandibular alveolar ridge so that the care plan on a edentulous patients can give a good results.

## CONCLUSION

In conclusion, there is a difference in height of the mandibular alveolar ridge significantly in edentulous women and dentate. The average height of the mandibular alveolar ridge in edentulous women is  $21,78 \text{ mm} \pm 3.88 \text{mm}$  and dentate woman is  $27,71 \text{ mm} \pm 2.77 \text{mm}$ .

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